



Wednesday 10th May 2023

Dear Parents/ Carers,

We are writing to inform you that we have had confirmed cases of chicken pox in our Reception, Year 3 and Year 5 classes. Chicken pox is a mild and common childhood illness caused by a virus called varicella zoster. It is most common in children under the age of 10 and is contagious.

Chickenpox usually starts with red spots. They can appear anywhere on the body and might spread or stay in a small area. However, children might also develop these symptoms before or after the spots appear:

- A high temperature
- Aches and pains, generally feeling unwell
- Loss of appetite

Should your child develop any of these symptoms, please keep your child at home. You need to keep your child at home until all the spots have crusted over. This is usually 5 days after the spots appeared. This will help us limit the spread of the virus.

Groups of people that are most at risk of serious problems if they catch chicken pox are newborn babies, pregnant women and those with a weakened immune system. Therefore, it is important, if your child has chicken pox, to keep them at home while they are contagious.

If we suspect a child has chicken pox at school, parents will be contacted and asked to collect them. To seek further advice please visit <https://www.nhs.uk/conditions/chickenpox/> or contact your GP.

We really appreciate your support with this.

Anna Case
Headteacher