



OT Drop-in clinic

Do you have any concerns or questions about your child's development?



Occupational Therapy can help with life skills such as self care skills (e.g. toileting, dressing, sleep and eating), school skills (e.g. attention, focus, writing and cutting) and play skills (e.g. turn taking and sharing).



Drop In is for children and young people aged 0-18yrs

Identify a goal for your child to work towards in their everyday life.



Learn from an Occupational Therapist.



How does it work?

The sessions will be face to face for 15 minutes and can be booked in over the phone.

Upcoming dates

Tuesdays 1-4pm 30th May 27th June 25th July 29th August 26th September 31st October 28th November



Hackney Ark Downs Park Road E8 2FP

For some advice or tips on your child's development, come and speak to an occupational therapist. Everyone's welcome!



To book your place, or for more details, contact us on: <u>huh-tr.childrensotptevents@nhs.net</u> 020 7014 7025