



Friday 22nd September 2023

Dear families,

RE: NSPCC's *Speak out - Stay safe* online programme

I am pleased to inform you that we are participating in the NSPCC's ***Speak out. Stay safe.*** Programme this term. This is a programme for children aged 5-11 which aims to help children understand abuse in all its forms and to recognise the signs of abuse. Children are taught to speak out if they are worried, either to a safe adult or Childline.

This child-friendly programme is aligned with the curriculum and consists of age-appropriate virtual assemblies and supporting classroom based activities, which we have reviewed. The content is delivered in an engaging and interactive way with the help of the NSPCC mascot Buddy.

If you would like to know more about the ***Speak out. Stay safe.*** Programme, please visit <https://www.nspcc.org.uk/speakout> or I would be happy to discuss any questions that you may have.

By the end of the programme, we aim for children to feel confident and empowered – knowing how they can speak out and stay safe.

Additional NSPCC resources for families to help keep children safe

The NSPCC have shared some important information below on wider NSPCC resources and support to help keep children safe.

Parent/Carer support Take a look at information, support, advice and activities from NSPCC for parent and carers. www.nspcc.org.uk/parents	Activities to extend learning at home Take part in games and activities at home to help children learn about speaking out and staying safe. https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/safety/activities-safety-kids/
Online Safety Hub For information on a range of different online safety topics including gaming, social media, sharing images, parental controls and more. www.nspcc.org.uk/online-safety	Childline – under 12's Childline have an accessible website with advice, support, games and activities. Children can change the language, enlarge text and also listen to the content. www.childline.org.uk/buddy (5-7) www.childline.org.uk/kids (7-11)

Online safety hub

You may also like to visit the NSPCC <https://www.nspcc.org.uk/keeping-children-safe/online-safety/> where you will find advice and information on a range of different online safety topics including gaming, social media, sharing nudes, parental controls and more.

You will also find online safety information for families of children with additional needs and disabilities. The NSPCC has worked with *Ambitious about Autism* and parents and carers who have children with additional needs and disabilities to create activities to help talk about online safety, which you can find at www.nspcc.org.uk/keeping-children-safe/online-safety/online-safety-families-children-with-send.

Talk PANTS with your children

Talk PANTS is a simple conversation to help keep children safe from sexual abuse. From P through to S, each letter of PANTS provides simple but important messages. Download the free resources at www.nspcc.org.uk/pants. This message will be shared with all children Years 1-6.



Please do not hesitate to get in touch if you have any questions about the **Speak out. Stay safe.** programme or about the speaking to your child about the PANTS rules. If you have any questions or concerns about the safety or wellbeing of any child, please come and speak to me.

Best wishes,

Maudie Wyatt

Deputy Headteacher



NSPCC
Speak out. Stay safe.
programme