

To: Parents and Guardians

From: Dr. Natalie Bailey, Psychologist (CAMHS Worker in Schools -WAMHS Project)

Subject: Postponement of Parent Workshop on Emotional Regulation

Dear Parents and Guardians,

I hope this message finds you well. I am writing to address the recent postponement of our scheduled workshop on "Strengthening Skills and Building Confidence in Managing Your Child's Emotional Dysregulation."

First and foremost, I extend my heartfelt apologies for any inconvenience caused by the last-minute change. I understand that many of you rearranged your schedules and made significant efforts to attend, demonstrating your commitment to your child's well-being. Your dedication is deeply appreciated and does not go unnoticed.

Unfortunately, due to unforeseen health reasons, I was unable to lead the session as planned. While a member of our staff team was prepared to step in, I recognise that some of you had a preference for the session to be conducted by me. I am genuinely touched by this and would like to express my gratitude for your understanding and support during this time.

Looking ahead, I am pleased to inform you that we will reschedule this important workshop soon. I eagerly anticipate the opportunity to engage with you and share insights and strategies that can make a positive impact on our children's lives.

Furthermore, to ensure that no one misses out on this valuable opportunity, we will also provide a recorded version of the workshop. For those who might not be able to attend the rescheduled session, please let us know if you would like access to this recording.

Your involvement in school events is vital, and I am committed to honouring that through my work and future interactions. Thank you once again for your understanding and continued support. I look forward to seeing you at our next meeting, where we can together strengthen and build confidence in supporting our children's emotional growth.

Warm regards,

Dr. Natalie Bailey

Psychologist, CAMHS Worker in Schools