



Springfield Menu

SUMMER TERM 2024

ALLERGEN INFORMATION ON
LAST PAGE

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH OF THE DAY	BBQ JERK CHICKEN	MEAT FEAST PIZZA (G, MK)	ROAST TURKEY & GRAVY	CHICKEN AND TOMATO BASIL PASTA (G, MK)	FISH FINGERS & CHIPS (F, G)
VEGETARIAN DISH OF THE DAY	JERK VEGETABLE CURRY (G*)	MARGHERITA PIZZA (G, MK)	ROOT VEGETABLE WELLINGTON (CE, E, G)	TOMATO & BASIL PASTA (CE, G)	VEGAN NUGGETS & CHIPS (G)
VEGETABLE CHOICE	RICE & PEAS WITH SEASONAL VEG	SEASONED POTATO WEDGES & SWEETCORN	RUSTIC ROAST POTATOES & MEDLEY OF SEASONAL VEGETABLES	GARLIC BREAD AND GREEN SALAD (G, MK)	BEANS OR PEAS
DESSERT OF THE DAY	BANANA SPONGE WITH VANILLA SAUCE (E, G, MK)	FRUIT JELLY	ICED VANILLA SPONGE (E, G)	SHORTBREAD BISCUIT (G)	ICE CREAM (MK)
JACKET POTATO BAR	SEE BOARD FOR DETAILS	SEE BOARD FOR DETAILS	SEE BOARD FOR DETAILS	SEE BOARD FOR DETAILS	SEE BOARD FOR DETAILS
COLD SELECTION	SALAD BAR & HOMEMADE BREAD (E* G, MK, SO) FRESH FRUIT	SALAD BAR & HOMEMADE BREAD (E* G, MK, SO) FRESH FRUIT	SALAD BAR & HOMEMADE BREAD (E* G, MK, SO) FRESH FRUIT	SALAD BAR & HOMEMADE BREAD (E* G, MK, SO) FRESH FRUIT	SALAD BAR & HOMEMADE BREAD (E* G, MK, SO) FRESH FRUIT



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WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH OF THE DAY	CHICKEN AND TOMATO BASIL PASTA (G, MK)	MEAT FEAST PIZZA (G, MK)	SWEET & SOUR CHICKEN BALLS (CE)	MILD CHICKEN TIKKA MASALA & RICE (CE, G*, MK)	BATTERED FISH & CHIPS (F, G)
VEGETARIAN DISH OF THE DAY	TOMATO & BASIL PASTA (CE, G)	MARGHERITA PIZZA (G, MK)	SWEET & SOUR VEGETABLES (CE)	VEGETABLE & LENTIL DHAL RICE (CE, G*)	VEGAN SAUSAGE ROLL & CHIPS (G)
VEGETABLE CHOICE	GARLIC BREAD AND GREEN SALAD (G, MK)	SEASONED POTATO WEDGES & SWEETCORN	EGG FRIED RICE & STIR FRIED GREENS (E, G, SO)	SEASONAL VEGETABLES	BEANS OR PEAS
DESSERT OF THE DAY	LEMON DRIZZLE CAKE (E, G, SU)	FRUIT JELLY	CLASSIC JAM SPONGE & CUSTARD (E, G, MK, SO*)	SELECTION OF FRUIT MOUSSE (MK)	CHOCOLATE ORANGE SPONGE WITH CHOCOLATE SAUCE (E, G, MK, SO)
JACKET POTATO BAR	SEE BOARD FOR DETAILS	SEE BOARD FOR DETAILS	SEE BOARD FOR DETAILS	SEE BOARD FOR DETAILS	SEE BOARD FOR DETAILS
COLD SELECTION	SALAD BAR & HOMEMADE BREAD (E* G, MK, SO) FRESH FRUIT	SALAD BAR & HOMEMADE BREAD (E* G, MK, SO) FRESH FRUIT	SALAD BAR & HOMEMADE BREAD (E* G, MK, SO) FRESH FRUIT	SALAD BAR & HOMEMADE BREAD (E* G, MK, SO) FRESH FRUIT	SALAD BAR & HOMEMADE BREAD (E* G, MK, SO) FRESH FRUIT



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WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH OF THE DAY	CHICKEN AND TOMATO BASIL PASTA (G, MK)	SWEET & SOUR CHICKEN (CE)	ROAST CHICKEN & GRAVY	CARIBBEAN CHICKEN CURRY (CE, G*)	FISH FINGERS & CHIPS (F, G)
VEGETARIAN DISH OF THE DAY	TOMATO & BASIL PASTA (CE, G)	VEGETABLE CHOW MEIN (CE*, E, G, MU*, SO)	ROASTED VEGETABLE FILO PARCEL & TOMATO SAUCE (CE, G)	JERK QUORN BURRITO (CE, E, G)	MARGHERITA & CHIPS (G, MK)
VEGETABLE CHOICE	GARLIC BREAD AND GREEN SALAD (G, MK)	STEAMED RICE & STIR FRIED GREENS	RUSTIC ROAST POTATOES & SEASONAL VEGETABLES	RICE & PEAS WITH SEASONAL GREENS	BEANS OR PEAS
DESSERT OF THE DAY	FOREST FRUIT TRAYBAKE (E, G, MK*)	FRUIT JELLY	APPLE CRUMBLE & CUSTARD (G, MK)	FRUITY FLAPJACK (G)	DOUBLE CHOCOLATE CHIP COOKIE (E, G, MK, SO)
JACKET POTATO BAR	SEE BOARD FOR DETAILS	SEE BOARD FOR DETAILS	SEE BOARD FOR DETAILS	SEE BOARD FOR DETAILS	SEE BOARD FOR DETAILS
COLD SELECTION	SALAD BAR & HOMEMADE BREAD (E* G, MK, SO) FRESH FRUIT	SALAD BAR & HOMEMADE BREAD (E* G, MK, SO) FRESH FRUIT	SALAD BAR & HOMEMADE BREAD (E* G, MK, SO) FRESH FRUIT	SALAD BAR & HOMEMADE BREAD (E* G, MK, SO) FRESH FRUIT	SALAD BAR & HOMEMADE BREAD (E* G, MK, SO) FRESH FRUIT



MENU INFORMATION

ALLERGENS:

CE= CELERY, CR = CRUSTACEAN, E = EGGS, F = FISH, G = CEREALS CONTAINING GLUTEN, L = LUPIN, MK = MILK, MO = MOLLUSCS, MU = MUSTARD, N = NUTS, P = PEANUTS, SO = SOYA, SU - SULPHUR, SE = SESAME SEEDS

*** = MAY CONTAIN**

