



# Springfield Menu - Summer Term

Week 1				
Option 1				
Monday	Tuesday	Wednesday	Thursday	Friday
Jacket potato with tuna mayo (EGG, FISH, MUSTARD), cheese (DAIRY), baked beans, Coleslaw (DAIRY)	Chicken thighs with roast potatoes, green beans & carrots	Macaroni tomato pasta (GLUTEN-WHEAT) bake topped with Applewood cheese (DAIRY)	Luella's chicken katsu curry and rice, served with flatbread (GLUTEN-WHEAT)  🏆 COMPETITION WINNER, LUELLA- YS, SPRINGFIELD 🏆	Fish cake (FISH, GLUTEN-WHEAT) and chips, with peas & tartare sauce (VG)
Option 2				
Monday	Tuesday	Wednesday	Thursday	Friday
Jacket potato with tuna Mayo (EGG, FISH, MUSTARD), cheese (DAIRY), baked beans, coleslaw (DAIRY)	Seasoned cauliflower steak with roast potatoes, green beans & carrots	Macaroni tomato pasta (GLUTEN-WHEAT) bake	Luella's vegetable tempeh katsu curry and rice, served with flatbread (GLUTEN-WHEAT)	Mixed bean and roasted pepper (GLUTEN-WHEAT) tacos and chips
Salad Bar				
Tomato and basil balsamic (SULPHATES), beetroot	Sweetcorn, cucumber	Grated carrot, Greek Salad (DAIRY)	Baby gem lettuce, minted yoghurt (DAIRY)	Sliced cucumber, sweetcorn, cheese (DAIRY)
Dessert				
Fruit	Flapjack (DAIRY, GLUTEN-WHEAT), Fruit VG only - flapjack	Greek yoghurt (DAIRY) With mango puree, Fruit VG only -jelly with mango puree	Baked vanilla sponge & custard (DAIRY,EGG, GLUTEN-WHEAT) Fruit VG only - jelly with fruit	Fruit

- Fresh bread available every day
- VG dessert options for dairy free or vegan children only
- On days where meat is served, both halal and non-halal options are available

Week 2				
Option 1				
Monday	Tuesday	Wednesday	Thursday	Friday
Sweet & sour (CELERY, SOY, SULPHITES) chicken noodles (EGG, GLUTEN-WHEAT)	Cheese and tomato pizza (DAIRY, GLUTEN-WHEAT) with baby potato and chive salad	Cajun chicken wrap (GLUTEN-WHEAT)	Lamb spaghetti bolognese (GLUTEN-WHEAT) served with parmesan cheese (DAIRY)	Moroccan chicken burger (GLUTEN-WHEAT) with chips
Option 2				
Monday	Tuesday	Wednesday	Thursday	Friday
Sweet & sour (CELERY, SOY, SULPHITES) vegetable noodles (EGG, GLUTEN-WHEAT)  VG amendment - sweet & sour vegetables and rice	Vegetable pizza (GLUTEN-WHEAT) with baby potato and chive salad	Vegetable bean wrap (GLUTEN-WHEAT)	Vegetable & lentil ragu with spaghetti (GLUTEN-WHEAT) served with parmesan cheese (DAIRY)	Veggie tofu (SOY, GLUTEN-WHEAT) burger with chips
Salad Bar				
Green beans and cherry tomatoes	Caesar salad (VG), beetroot	Sweetcorn, coleslaw (VG) lime, guacamole and bulgur wheat	Tomato, oregano & olive salad, cucumber	Gherkins, Lettuce, Ketchup (CELERY) mayo, grated carrot, lettuce
Dessert				
Fruit	Carrot cake (DAIRY, EGG, GLUTEN-WHEAT), Fruit VG - jelly with fruit	Greek yoghurt (DAIRY) with fresh summer berries, Fruit VG - jelly with summer berries	Chocolate sponge cake with custard (DAIRY, EGG, GLUTEN-WHEAT), Fruit VG - jelly with fruit	Fruit

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