



Springfield Menu - Spring Term

| Week 1 | | | | |
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| Option 1 | | | | |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| Jacket potato with tuna mayo (EGG, FISH, MUSTARD), cheese (DAIRY), baked beans | Chicken wrap with bulghar wheat | Penne pasta with lamb bolognese and garlic bread and grated parmesan (DAIRY), (GLUTEN-WHEAT) | Chicken sausage and mash potato, gravy and cauliflower (GLUTEN-WHEAT) | Breaded haddock fillet with chunky chips and peas and tartare sauce (GLUTEN-WHEAT) (FISH) |
| Option 2 | | | | |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| Jacket potato with tuna Mayo (EGG, FISH, MUSTARD), cheese (DAIRY), baked beans | Vegetable Wrap With Bulghar Wheat | Penne pasta with vegetable bolognese and garlic bread and grated parmesan (DAIRY), (GLUTEN-WHEAT) | Vegetarian sausage and mash potato, gravy and cauliflower (GLUTEN-WHEAT) (SOYA) | Plant-based breaded fish fillet with chunky chips and peas and tartare sauce (GLUTEN-WHEAT) (SOYA) |
| Salad Bar | | | | |
| Tomato, cucumber and olive salad. Red coleslaw (DAIRY) | Lemon and coriander slaw, shredded iceberg lettuce | Diced beetroot and grated carrot | Green bean and tomato salad | Tomato salad |
| Dessert | | | | |
| Fruit | Mixed fruit Flapjack (DAIRY), (GLUTEN-WHEAT), Fruit VG Flapjack | Raspberry and vanilla yoghurt (DAIRY) VG only -jelly with mango puree Fruit | Chocolate and orange cake with custard (EGG), (DAIRY), (SOYA) VG only -jelly Fruit | Strawberry/vanilla Ice Cream (DAIRY) Fruit |

- Fresh bread available every day
- VG dessert options for dairy free or vegan children only
- On days where meat is served, both halal and non-halal options are available

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| Week 2 Option 1 | | | | |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| Margherita pizza with southern fried wedges and sweetcorn (DAIRY, GLUTEN-WHEAT) | Mexican minced lamb tacos, with sour cream/guac (DAIRY, GLUTEN-WHEAT) | Roasted sweet chilli chicken thighs with vegetable noodles (GLUTEN-WHEAT) (SOY) (EGG) | Masala macaroni with parmesan and broccoli (DAIRY, GLUTEN-WHEAT) | Chicken burger with bun, fries, beans and VG mayo (GLUTEN-WHEAT) (EGG) |
| Option 2 | | | | |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| Margherita pizza with southern fried wedges and sweetcorn (DAIRY, GLUTEN-WHEAT) VG - Vegan cheese and tomato pizza | Mexican vegetable and quorn mince tacos, with sour cream/guac (DAIRY, GLUTEN-WHEAT) (SOY) (EGG) VG - Vegetable tacos | Sweet chilli egg noodles with broccoli and sweetcorn (GLUTEN-WHEAT) (SOY) (EGG) VG - Sweet chilli rice with broccoli and sweetcorn (GLUTEN-WHEAT) (SOY) | Masala macaroni with parmesan and broccoli (DAIRY, GLUTEN-WHEAT) | Veggie burger with bun, fries, beans and VG mayo (GLUTEN-WHEAT) (SOY) (EGG) |
| Salad Bar | | | | |
| Green beans and cherry tomatoes | Iceberg lettuce, sweetcorn | Sweetcorn, coleslaw (VG) lime, guacamole and bulgur wheat | Sliced cucumber and carrot | Gherkins, tomato and dill |
| Dessert | | | | |
| Fruit | Clementine Yoghurt (DAIRY) Fruit VG - jelly with fruit | VG raspberry jelly Fruit | Victoria Sponge and custard (DAIRY, EGG, GLUTEN-WHEAT) Fruit VG - jelly with fruit | Fruit |

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